

Fitness Leaders (Excluded)

Job Requisition	JR-2026-272 Fitness Leaders (Excluded) (Open)
Job Family	Excluded
Start Date	2026-10-02
End Date	2027-09-30
Primary Posting	No
External Posting URL	https://vernon.wd10.myworkdayjobs.com/Vernon-Career_EXT/job/Recreation-Centre-Facility/Fitness-Leaders-Excluded-_JR-2026-272
Description	

Accepting applications until positions are filled. Hiring will occur on an ongoing basis throughout the posting period.

Multiple positions available.

Seeking certified and experienced Fitness Instructors and Personal Trainers to teach classes such as cycle (spin), older adult/osteofit, yoga, aquafit, and mat pilates. Opportunities available to teach full programs as well as substitute teach. Incumbents must have flexible schedules, including weekdays, evenings, and weekends.

[Why should you consider working for us?](#) What we do every day makes a difference and has an impact on the quality of life for our community. We have a strong learning culture and want our people to grow and succeed, and we are a diverse, inclusive and supportive workplace.

A successful Fitness Leader is dynamic and confident with a genuine interest and passion in fitness, health and wellness. Successful candidates must have the ability to plan, lead and provide high quality fitness programs for a variety ages and abilities. It is essential that the ideal candidate has strong interpersonal skills, is energetic and enthusiastic, is well organized plus is able to communicate effectively (verbal and written) with all levels of internal and external contacts.

[Fitness Leader I's](#) must have the ability to plan, lead, and provide high quality fitness programs for a variety ages and abilities.

[Fitness Leader II's](#) must have the ability to plan, lead and provide high quality fitness programs for a variety ages and abilities. The Fitness Leader II candidate has extra certifications and prior experience that will support their abilities to lead specific specialized fitness classes. Certifications can be a current BCRPA certification or equivalent fitness and/or personal training certifications in the specific fitness streams.

[All Fitness Leaders need:](#)

- Current Emergency First Aid and CPR C
- Acceptable Police Information Check with the Vulnerable Sector Check
- Previous experience leading fitness classes and/or personal training
- Ability to be flexible and adaptive
- Physical strength and ability to lift up to 25 pounds

- Must be well-versed in basic anatomy, kinesiology, contraindicated exercises, exercise modifications
- Demonstrate excellent customer service by being friendly, courteous and helpful to all class participants
- Excellent communication skills and the ability to recognize and act to resolve problems
- Demonstrated ability to instruct and lead safe group fitness classes
- Contribute to the development and maintenance of a positive, safe, nurturing, nonthreatening participant experience
- Ability to establish and maintain effective working relationships and to work effectively and efficiently within a team environment
- Knowledge of wellness/fitness equipment and the ability to demonstrate

Hourly rates:

Fitness Leader I: \$31.85

Fitness Leader II: \$34.57

The terms of employment are based on recreation programs and/or activity service delivery to meet community demand. Hours of work will be linked to specific programs and/or activities, the hours and availability of work are dependent on program and or activity registrations.

To Apply:

Please submit your resume, quoting the appropriate competition online at [vernon.ca/careers](https://www.vernon.ca/careers) by selecting “apply” and creating a candidate profile. Internal applicants are asked to apply using their worker profile.

The City of Vernon wishes to thank all applicants; however, only those candidates selected for an interview will be contacted.

Worker Sub-Type	Fixed Term (Under 1 Year) (Fixed Term)
Location	Recreation Centre Facility
Time Type	Part time
Locations	
Supervisory Organization	Active Living Team