



## Fitness Leaders (Excluded)

<b>Job Requisition</b>	JR-2026-18 Fitness Leaders (Excluded) (Open)
<b>Job Family</b>	Excluded
<b>Start Date</b>	2026-01-28
<b>End Date</b>	2026-02-21
<b>Primary Posting</b>	No
<b>External Posting URL</b>	<a href="https://vernon.wd10.myworkdayjobs.com/Vernon-Career_EXT/job/Recreation-Centre-Facility/Fitness-Leaders--Excluded-_JR-2026-18">https://vernon.wd10.myworkdayjobs.com/Vernon-Career_EXT/job/Recreation-Centre-Facility/Fitness-Leaders--Excluded-_JR-2026-18</a>
<b>Description</b>	

Accepting applications until positions are filled. Hiring will occur on an ongoing basis throughout the posting period.

## Multiple positions available

March 2026 – August 2026

**Why should you consider working for us?** What we do every day makes a difference and has an impact on the quality of life for our community. We have a strong learning culture and want our people to grow and succeed, and we are a diverse, inclusive and supportive workplace.

A successful Fitness Leader is dynamic and confident with a genuine interest and passion in fitness, health and wellness. Successful candidates must have the ability to plan, lead and provide high quality fitness programs for a variety ages and abilities. It is essential that the ideal candidate has strong interpersonal skills, is energetic and enthusiastic, is well organized plus is able to communicate effectively (verbal and written) with all levels of internal and external contacts.

**Fitness Leader I**'s must have the ability to plan, lead and provide high quality fitness programs for a variety ages and abilities.

**Fitness Leader II**'s must have the ability to plan, lead and provide high quality fitness programs for a variety ages and abilities. The Fitness Leader II candidate has extra certifications and prior experience that will support their abilities to lead specific specialized fitness classes. Certifications can be a current BCRPA certification or equivalent fitness certifications in the specific fitness streams.

**Fitness Leader III**'s must have the ability to plan, lead and provide high quality fitness programs for specific populations with specialized conditions, chronic disease, diverse health issues. The candidate has extra certifications, education and six (6) months experience leading programs. This role will be leading specialized fitness classes, including a current BCRPA certification or equivalent fitness certification, and specific certifications in the fitness stream, such as Osteofit, Get Up & Go, Aqua Rehab, etc.

### All Fitness Leaders need:

- Current Emergency First Aid and CPR C
- Acceptable Police Information Check with the Vulnerable Sector
- Previous experience leading fitness classes
- Ability to be flexible and adaptive
- Physical strength and ability to lift up to 25 pounds



- Must be well-versed in basic anatomy, kinesiology, contraindicated exercises, exercise modifications
- Demonstrate excellent customer service by being friendly, courteous and helpful to all class participants
- Excellent communication skills and the ability to recognize and act to resolve problems
- Demonstrated ability to instruct and lead safe group fitness classes
- Contribute to the development and maintenance of a positive, safe, nurturing, nonthreatening participant experience
- Ability to establish and maintain effective working relationships and to work effectively and efficiently within a team environment
- Knowledge of wellness/fitness equipment and the ability to demonstrate

Hourly rates:

Fitness Leader I: \$30.95  
Fitness Leader II: \$33.60  
Fitness Leader III: \$39.06

The terms of employment are based on recreation programs and/or activity service delivery to meet community demand. Hours of work will be linked to specific programs and/or activities, the hours and availability of work are dependent on program and or activity registrations.

To Apply:

Please submit your resume, quoting the appropriate competition online at [vernon.ca/careers](http://vernon.ca/careers) by selecting "apply" and creating a candidate profile. Internal applicants are asked to apply using their worker profile.

By making application, you are authorizing the City of Vernon to verify, through whatever means deemed appropriate, any information included in your applicant profile.

The City of Vernon wishes to thank all applicants; however, only those candidates selected for an interview will be contacted.

<b>Worker Sub-Type</b>	Casual
<b>Location</b>	Recreation Centre Facility
<b>Time Type</b>	Part time
<b>Locations</b>	
<b>Supervisory Organization</b>	Community Recreation