

Yoga Instructor (Fitness Instructor 2)

As one of the fastest growing cities in Canada, City of Surrey is a globally recognized leader in building vibrant, sustainable communities through technology and innovation. City of Surrey employees are talented innovators, inspired by meaningful work and the opportunity to drive our city—and their careers—forward. Build a City. Build a Future at the City of Surrey

Scope

We are looking for certified Yoga Instructors that love fitness, motivating people and are committed to providing great customer service to teach a variety of classes at recreation facilities across the City. We have various positions available teaching a wide range of fitness classes including:

- Drop-in:
 - Yoga
 - Gentle Yoga
 - Yin Yoga
 - o Fitness Yoga
- Registered:
 - o Restorative
 - Yoga and Meditation
 - Yoga Nidra
 - Chair Yoga
 - Prenatal Yoga

You are self-motivated, skilled at building relationships, have strong and clear communication skills and have a passion for health and wellness. This is an auxiliary position which may include weekends, weekdays and/or evenings shifts.

Employment Status

Union - CUPE Local 402 - Auxiliary

Responsibilities

- Plans and instructs a variety of group fitness programs.
- Plans and instructs individuals of all levels and abilities.
- Ability to motivate and lead large groups from beginners to long time fitness enthusiasts.
- Knowledge and implementation of industry best practices.
- Provides excellent service to our patrons and other team members.
- Demonstrates proper form and techniques.
- Demonstrates excellent communication skills including the use of clear verbal and non-verbal cues to instruct participants.
- Offers adaptations to accommodate all skill levels and abilities.
- Ensures instruction spaces are safe, clean and set-up appropriately.

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- Creates a safe and welcoming environment.
- Performs basic cleaning as required.
- Performs administrative duties, including but not limited to facility/shift check completion and accident reports.

Qualifications

- Grade 12 plus formal training and minimum of six (6) months related experience.
- Emergency First Aid with CPR-A and AED (or higher).
- Registered with a minimum of at least one of the following, as required:
 - O Yoga certification with 200 practicum hours or BCRPA Fitness Yoga Certification with Group Fitness registration.

Other Information

Pay Grade: Schedule "D"

Hourly Rate: \$32.04

Applicants under consideration will be required to consent to a Police Information Check/Vulnerable Sector Check. Successful applicants must provide proof of qualifications.

For more information on becoming a fitness professional, please reference Become a Fitness Professional at the City of Surrey

Apply

If you are interested in this opportunity, please apply at https://www.surrey.ca/about-surrey/jobs-careers to Job ID 6769.

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