



BUILD A CITY. BUILD A FUTURE.



Older Adult Fitness Instructor (Fitness Instructor 1)

*As one of the fastest growing cities in Canada, City of Surrey is a globally recognized leader in building vibrant, sustainable communities through technology and innovation. City of Surrey employees are talented innovators, inspired by meaningful work and the opportunity to drive our city—and their careers—forward. **Build a City. Build a Future at the City of Surrey***

Scope

We are looking for certified Older Adult Fitness Instructors that love fitness, motivating people and are committed to providing great customer service to teach a variety of classes at recreation facilities across the City. We have various positions available, teaching a wide range of fitness classes including but not limited to:

- 55+ Fit and Fit Lite
- Chair Exercises
- Weight Training
- Circuit Training
- Osteofit

You are self-motivated, skilled at building relationships, have strong and clear communication skills and a passion for health and wellness. This is an auxiliary position which may include weekends, weekdays, and/or evening shifts.

Employment Status

Union - CUPE Local 402 - Auxiliary

Responsibilities

- Plans and instructs Fitness Programs for all levels and abilities.
- Motivates and leads large groups - from beginners to long time fitness enthusiasts.
- Knowledge and implementation of industry best practices.
- Demonstrates proper form and techniques.
- Demonstrates excellent communication skills including the use of clear verbal and non-verbal cues to instruct participants.
- Offers adaptations and modifications to accommodate all skill levels and abilities.
- Provides excellent service to our patrons and other team members.
- Ensures instruction spaces are safe, clean and set-up appropriately.
- Creates a safe, inclusive, and welcoming environment.
- Performs basic cleaning as required.
- Performs administrative duties including but not limited to facility/shift check completion and accident reports.

Qualifications

Successful candidates will have:

- Grade 12 plus formal training and minimum of six (6) months related experience.

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- Strong and clear communication skills.
- A passion for health and wellness.
- Talent for building relationships.
- Emergency First Aid with CPR-A and AED.
- Currently registered with a recognized organization:
 - BCRPA
 - CFES
- Additional required fitness certification is considered a strong asset:
 - Older Adult
- Some classes may require additional program specific workshops and/or training.

Other Information

Number of Job Openings: 5

Hourly Rate: \$30.57

Applicants under consideration will be required to consent to a Police Information Check/Vulnerable Sector Check. Successful applicants must provide proof of qualifications.

For more information on becoming a fitness professional, please reference [Become a Fitness Professional at the City of Surrey](#)

Apply

If you are interested in this opportunity, please apply at <https://www.surrey.ca/about-surrey/jobs-careers> to Job ID 6735.

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