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## Aquafit Instructor

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<b>DEPARTMENT:</b>	<b>Parks and Recreation</b>	<b>STATUS:</b>	<b>Auxiliary</b>
<b>NO. OF POSITIONS:</b>	<b>3</b>	<b>UNION:</b>	<b>CUPE, Local 387</b>
<b>HOURS OF WORK:</b>	<b>Vary, see below*</b>	<b>SALARY:</b>	<b>\$46.07 - \$48.62 per class plus 12% in lieu of benefits</b>

As a central hub in the Metro Vancouver area, the City of New Westminster delivers a broad spectrum of urban services to over 85,000 residents. New Westminster is rich in history with a viable and thriving economy and has a population representative of the diversity of the region. The City is staffed by talented and dedicated employees who work together to achieve its strategic vision. We have earned a proud reputation for civic leadership, service delivery, and outstanding employee relations.

Located on the land of the Halq'eméylem-speaking peoples, New Westminster continues to be a growing and innovative city within Metro Vancouver. Awarded a gold award in excellence for policy planning with its' Seven Bold Steps to address climate change, our new təməsewtx<sup>w</sup> Aquatic and Community Centre will embody this vision and has gained recognition as the first aquatic centre in Canada to achieve the Canadian Green Building Council Zero Carbon Building standard! For 40 years. The City of New Westminster Fitness Department has an opportunity for energetic self-starters to join its dynamic team of aquatic and fitness leaders. This position will instruct aquatic fitness classes to meet the diverse needs of customers at our pools.

Under the supervision of the Fitness Leadership team, you will instruct classes based on program requirements. You will enjoy working in a fast paced environment and possess excellent interpersonal skills.

### **Duties and Responsibilities:**

#### ***Aquafit Classes***

- Develop and adjust fitness for patrons to ensure appropriate level
- Act as a fitness resource person for the community members

#### ***Customer Service/Communication***

- Teach group fitness classes; improve techniques; supervise and ensure the safety of patrons enrolled in registered or drop-in group fitness in the facility
- Promote and market fitness programs; have a working knowledge of available programs provided within the City of New Westminster
- Act professionally and answer customer questions in an appropriate manner

#### ***Safety/Risk Management***

- Ensure the fitness facility/area is a safe and inclusive, report any equipment malfunctions or safety issues to the Fitness Leadership Team
- Ensure equipment is properly maintained, stored, and locked
- Able to provide a verbal PAR Q to all new participants at the beginning of classes

**Administrative**

- Arrange for a substitute instructor from approved lists if unable to teach assigned class; notify the Fitness Leadership Team of absence, notify a front desk attendant if late
- Able to fill out accident report forms when needed
- Other related duties as assigned

**If the following characteristics and skills describe you, we want to meet you!**

- Completion of Grade 12
- BCRPA Fitness Theory and Group Fitness Certification – Aquafit Module, CALA Group Exercise Certification, Aqua Zumba®, or other Aquafit certification equivalency
- Current Standard First CPR Level C
- Strong teaching and communication skills
- Ability to motivate others
- Experience both leading shallow and deep water aquatic fitness classes
- Be able to pass and maintain a clear Police Information Check with Vulnerable Sector Check

**\* The successful candidate will work non-standard work hours, including mornings, evenings, and weekends.**

***Depending on availability 5-7 hours per week.***

Please apply with your cover letter and resume in one document at [www.newwestcity.ca/employment](http://www.newwestcity.ca/employment) by **August 11, 2025**.

Join a team of enthusiastic and innovative employees, and help us build a vibrant, compassionate, resilient city where everyone can thrive.

We offer our employees great work-life balance, competitive salaries, comprehensive health, benefit and retirement plans (a percentage in lieu of benefits for auxiliary positions), education and training opportunities and challenging and rewarding work.

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*To support a workforce that reflects the diversity of our community; women, Indigenous Peoples, racialized individuals, persons of diverse sexual orientation, gender identity or expression (LGBTQ2S+), persons with disabilities, and others who may contribute to diversity of our workforce, are encouraged to express their interest.*

*New Westminster is on the unceded and unsurrendered land of the Halq'eméylem-speaking peoples. It is acknowledged by the City that colonialism has made invisible their histories and connections to the land.*

*We are learning and building relationships with the people whose lands we are on.*

*We thank all applicants for their interest and advise that only those selected for an interview will be contacted.*

*This position is only open to those legally entitled to work in Canada.*