## **WEIGHT ROOM ATTENDANT**



DEPARTMENT: Parks & Recreation STATUS: Auxiliary

NO. OF POSITIONS: Four UNION: CUPE, Local 387

\$29.74 - \$32.35 per hour,

HOURS OF WORK: See Below\* SALARY: plus 12% in lieu of all benefits

(2024 rates)

Located on the land of the Halq'eméylem-speaking peoples, New Westminster continues to be a growing and innovative city within Metro Vancouver. Our Parks and Recreation department is seeking a motivated, dynamic, and passionate fitness minded individuals to join our growing fitness program and services team. Reporting to the Fitness Supervisory team, you will monitor and support the safe use of equipment in the fitness centre while ensuring the cleanliness of group fitness, indoor cycling, and fitness centre equipment and spaces. Your core responsibilities include; monitoring fitness areas to ensure patrons abide by rules and utilize equipment safely, respond to incidents and emergencies, provide first aid as needed and complete the correct documentation when necessary, provide high quality customer service, check spaces for safety and cleanliness and report any equipment that may need repairs to the supervisor team, communicate with the Fitness Supervisory team effectively, maintain a clean and welcoming environment, complete shift cleaning tasks and documentation accordingly, provide orientations and direct instructions to patrons on the use of exercise equipment..

## If you have the following qualifications and attributes, we want to meet you:

- Completion of Grade 12 or equivalent
- Current Standard First Aid with CPR-C
- BCRPA/CFES weight training module or equivalent certification. Consideration will also be given to those possessing Canfitpro, CSEP, ACE, ACSM and/or NSCA personal training certification
- An asset but not required: Any additional specialized Fitness certifications such as Personal Training or Group Fitness
- You have experience with performing cleaning and janitorial tasks in a fitness setting
- Physically fit and able to lift weights of differing amounts, clean continuously during shift
- Experience providing training and guidance to patrons in a fitness setting
- Ability to instruct patrons how to use equipment, review rules, and how to be safe in a fitness environment
- Knowledge of proper exercise programs and the use of exercise equipment, as well as knowledge of the theory of movement, body mechanics, and the prevention of injuries in fitness settings
- Ability to assist individuals and groups (including special needs groups) on physical fitness exercises and should have the ability to demonstrate standard exercises
- Some experience / knowledge of MS Office and Xplor Recreation would be an asset
- Excellent customer service, communication and interpersonal skills
- You are knowledgeable in and able to perform routine maintenance tasks on fitness equipment
- The successful applicant must be able to pass and maintain a clear Police Information Check (PIC) including vulnerable sector check

## What we offer:

- Health and wellness comprehensive benefits, plus other wellness-focused programs and benefits
- Retirement benefits including municipal pension plan
- Career development ongoing learning, leadership development, and education development program

\*Applicants must be available to work day, evening and/or weekend shifts.

Apply by sending your **cover letter and resume in one document** at <a href="https://www.newwestcity.ca/employment">www.newwestcity.ca/employment</a> by June 13, 2025.

To support a workforce that reflects the diversity of our community; women, Indigenous Peoples, racialized individuals, persons of diverse sexual orientation, gender identity or expression (LGBTQ2S+), persons with disabilities, and others who may contribute to diversity of our workforce, are encouraged to express their interest.

New Westminster is on the unceded and unsurrendered land of the Halq'eméylem-speaking peoples. `It is acknowledged by the City that colonialism has made invisible their histories and connections to the land. We are learning and building relationships with the people whose lands we are on.

We thank all applicants for their interest and advise that only those selected for an interview will be contacted.

This position is only open to those legally entitled to work in Canada.