# **AQUAFIT INSTRUCTOR**



DEPARTMENT:	Parks and Recreation	STATUS:	Auxiliary
NO. OF POSITIONS:	Several	UNION:	CUPE, Local 387
HOURS OF WORK:	Vary, see below*	SALARY:	\$46.07 - \$48.62 plus 12% in lieu of benefits

The City of New Westminster Fitness Department has an opportunity for energetic self-starters to join its dynamic team of aquatic and fitness leaders. This position will instruct aquatic fitness classes to meet the diverse needs of customers at our pools.

Under the supervision of the Fitness Leadership team, you will instruct classes based on program requirements. You will enjoy working in a fast paced environment and possess excellent interpersonal skills.

## **Duties and Responsibilities:**

## Aquafit Classes

- Develop and adjust fitness for patrons to ensure appropriate level
- Act as a fitness resource person for the community members

## **Customer Service/Communication**

- Teach group fitness classes; improve techniques; supervise and ensure the safety of patrons enrolled in registered or drop-in group fitness in the facility
- Promote and market fitness programs; have a working knowledge of available programs provided within the City of New Westminster
- Act professionally and answer customer questions in an appropriate manner

### Safety/Risk Management

- Ensure the fitness facility/area is a safe and inclusive, report any equipment malfunctions or safety issues to the Fitness Leadership Team
- Ensure equipment is properly maintained, stored, and locked
- Able to provide a verbal PAR Q to all new participants at the beginning of classes

### Administrative

- Arrange for a substitute instructor from approved lists if unable to teach assigned class; notify the Fitness Leadership Team of absence, notify a front desk attendant if late
- Able to fill out accident report forms when needed
- Other related duties as assigned

### If the following characteristics and skills describe you, we want to meet you!

- Completion of Grade 12
- BCRPA Fitness Theory and Group Fitness Certification Aquafit Module, CALA Group Exercise Certification, Aqua Zumba<sup>®</sup>, or other Aquafit certification equivalency
- Current Standard First CPR Level C.
- Strong teaching and communication skills.
- Ability to motivate others.
- Experience both leading shallow and deep water aquatic fitness classes.
- Be able to pass and maintain a clear Police Information Check with Vulnerable Sector Check.

\* The successful candidate will work non-standard work hours, including mornings, evenings, and weekends.

Apply online with your resume and cover letter in one document at <u>www.newwestcity.ca/employment</u> by December 6, 2024.

To support a workforce that reflects the diversity of our community; women, Indigenous Peoples, racialized individuals, persons of diverse sexual orientation, gender identity or expression (LGBTQ25+), persons with disabilities, and others who may contribute to diversity of our workforce, are encouraged to express their interest.

New Westminster is on the unceded and unsurrendered land of the Halq'eméylem-speaking peoples. It is acknowledged by the City that colonialism has made invisible their histories and connections to the land. We are learning and building relationships with the people whose lands we are on.

We thank all applicants for their interest and advise that only those selected for an interview will be contacted. This position is only open to those legally entitled to work in Canada.