



Fitness Instructor (Aquatic Fitness)

Casual

\$32.38 - \$40.47 / hour (1.5 hours paid per 45 minutes of instruction)

At the City of Leduc, our mission is People. Building. Community. We offer a collaborative and dynamic workplace where our values of Teamwork, Service, Respect, and Leadership guide our conduct and contribute to a healthy culture. If you would like to work as part of a progressive organization and enjoy a fast-paced environment, then this may be the opportunity for you.

Come work with us!

We are currently recruiting **Fitness Instructors** to lead **aquatic fitness programs**.

- Are you an organized, well-planned and enthusiastic fitness instructor?
- Are you an energetic person who enjoys working with adult and older adult fitness participants?
- Do you have a passion for leading large group fitness programs?

The City of Leduc Recreation Services Department connects our community by being inclusive, contributing to individual well-being, and supporting an enhanced quality of life. We provide the community with recreation programs, services, and facilities to support overall health and well-being. In Wellness Services, our Fitness Instructors bring health and wellness programs to life through quality and engaging group fitness classes such as AquaFit.

What is the opportunity?

Reporting to the Wellness Services Coordinator, this position is responsible for planning, organizing, and leading aquatic fitness classes for participants of various ages and physical abilities. Class times vary from morning, noon & afternoon classes.

What will you do?

- Create appropriate class plans that align with program objectives and participant needs.
- Arrange equipment setup and takedown 10-15 minutes prior to each session and remain available for participant inquiries before and after classes.
- Deliver quality fitness programs, offering modifications (regressions or progressions) as necessary and demonstrating expertise in training principles and exercise techniques.
- Provide clear instructions to participants, actively monitoring their performance to ensure safety and proper exercise execution. Offer continuous cues and feedback.
- Uphold excellent customer service standards, serving as a positive ambassador for the City of Leduc. Foster positive relationships with participants and stay informed about other LRC programs and services.

What do you need to succeed?

- 18 years of age
- AFLCA Aquatic Exercise Specialty certification, or equivalent
- Intermediate (Standard) First Aid certification with CPR
- Most classes are instructed from the pool deck, however, candidates should be capable of safely working in and around pools, including swimming in shallow and deep water.

Preferred:

- 6 months of fitness experience working, preferably in a municipal setting
- Additional group fitness certifications/qualifications are considered an asset

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- Competitive wage
- Professional development opportunities
- Free parking
- Annual City of Leduc recreation pass, including access to free drop-in programs

Successful candidates must be willing to provide CRC at their own expense.

If this sounds like you, please apply through our website at www.leduc.ca/careers

Competition closes at 11:59 pm, July 25, 2024. This competition may be used to fill future vacancies at the same or lower classification level. Due to the high volume of resumes received, we are not able to respond to individual phone calls. We thank all applicants for their interest; however, only those selected for interviews will be contacted.