



TERM CONTRACT OPPORTUNITY

- LOCATION:** Abbotsford Recreation Centre, Matsqui Recreation Centre
- POSITION TITLE:** Weight Room Attendant
- HOURS:** Mornings, afternoons, evenings from 5:00am to 10:30pm
- DAYS:** Weekdays and weekends, coverage needed Sunday through Saturday
- START DATE:** Immediately

OPPORTUNITY: We are looking for qualified, professional, and knowledgeable fitness experts to work in the Weight Rooms at both City facilities: the Abbotsford Recreation Centre as well as the Matsqui recreation center. The focus for the position is to maintain a safe environment for all patrons to use and assist them with their fitness needs.

POSITION SUMMARY:

Under the supervision of the Fitness Supervisor team, the weight room attendant is responsible to ensure enjoyable experiences for participants and deliver excellence in customer service as well as maintaining a safe environment for all. As a weight room attendant you will ensure the cleanliness and safety of the weight room, while interacting with the community patrons on fitness goals and other areas of health: Social, Physical, Mental, & Emotional while they visit our facilities. You will also be held accountable: for opening and closing the weight rooms, enforcing general rules of conduct, performing any first aid required, ensuring that the equipment is in good working condition, providing orientations as well as educating the patrons on the equipment, and performing basic cleaning duties.

DUTIES & RESPONSIBILITIES:

- Provide supervision and instruction to the patrons in the fitness centers effectively and in a professional manner.
- Orientate new patrons to the weight room. This includes teaching them how to use equipment, reviewing rules, and how to be safe in the gym environment.
- Orientate youth in how to work out correctly and safely as well as teaching them the rules of the fitness centers to allow them to use the facility.
- Ensure all patrons are using the equipment safely and properly.
- Enforce general rules of conduct that the City has created for the fitness facilities.
- Treat injuries and complete the correct documentation that goes along with it.
- Open the fitness center at the beginning of the day, ensuring it is safe for operations for that day.
- Secure the fitness center at the end of the day and ensure all equipment is put away as required.
- Daily cleaning tasks to ensure the facility is clean for operations.
- Checking, and reporting any equipment that may need repairs to the supervisor team.
- Provide high quality customer service.

- Maintain a clean and welcoming environment to community of Abbotsford
- Communicate with Fitness Supervisor team on regular basis effectively.
- Complete attendance of participants when it is applicable.

QUALIFICATIONS & SKILLS:

- Completion of Grade 12 or equivalent
- Current BCRPA Fitness Theory Certification & Weight Room Certification or equivalent. CFES is accepted as well as a degree in a fitness related field ie) kinesiology, sports science, human kinetics.
- Excellent customer service, communication and interpersonal skills
- Current Standard/ Emergency First Aid, CPR 'C' & AED certification and have the ability to perform any first aid task when needed.
- Ability to apply the theory based knowledge in anatomy and physiology as it applies to the work performed.
- Knowledge of the standard care of care, and working within your scope of practice.
- Knowledge of fitness equipment and machines and how they can be used for basic fitness needs.
- Ability to maintain professional, but kind relationships with patrons and fellow staff members while on shift.
- Ability to communicate effectively and efficiently with supervisor team.
- Ability to prepare documents related to injuries, cleaning, and communication.
- Ability to understand, and use email and computer scheduling programs effectively.
- Ability to follow and carry-out oral and written communication in English.
- Ability to maintain general records relating to the fitness centers.

These term contract opportunities require a satisfactory criminal record check. The applicant/incumbent will be required to undergo a criminal record check in order to work in this position and to report to their supervisor if any criminal charges are laid against them that may be related to their employment in this position.

The hourly rate of pay for the weight room attendant is \$20.90 to \$23.61 per hour. Other Fitness opportunities available will have rates associated with applicable contract.

For more information about this opportunity, please contact the fitness coordinator Kristalee Walchuk at kwalchuk@abbotsford.ca.

The closing date for this 10/31/2024. Due to the high volume of applicants, only successful applicants will be contacted.

To submit a resume please visit us online at: www.abbotsford.ca/career

